

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div> <div>LENTEN</div> <div>CALENDAR</div> </div>			14 FEBRUARY Attend Mass Wear the Cross of Ashes 7:00pm  <i>Fast/No Meat</i>	15 Come-Journey with the Savior Stations of the Cross 6:00 pm  <i>No Meat</i>	16 Pray for those who cannot afford to eat meat  <i>No Meat</i>	17 Find a quiet place and read the Bible (not just today but every <u>day</u>) 
18 Go to Mass every week! 	19 Get some much-needed sleep! 	20 Give someone a compliment today 	21 Attend the Lenten Prayer Service – 6:30pm	22 Reflect on what Jesus did for <u>you</u> Stations of the Cross 6:00 pm 	23 Figure out how much money you save by not eating meat and give it to the <u>poor</u> <i>No Meat</i>	4 Examine your conscience Go to confession during Lent 
25 Spend some time in Adoration and attend Benediction 12:00pm 	26 Imitate God's compassion to others 	27 Call or visit a shut-in or someone who is lonely 	28 Pray for victims of disaster who still struggle to recover 	29 Remember He died for our sins Stations of the Cross 6:00 pm 	1 MARCH Pray for those who need <u>healing</u>  <i>No Meat</i>	2 Pray for our priests and for vocations 
3 Sing louder at church today! 	4 Do a good deed for a neighbor or friend today 	5 Pray for the unborn 	5 Make a special meal for your family or loved ones 	7 Let Jesus know you are sorry for your sins Stations of the Cross 6:00 pm 	8 Pick a Saint and learn more about <u>them</u> <i>No Meat</i> 	9 Thank God for all your blessings Spring Ahead @ 2am
10 Laetare Sunday Do something special to celebrate being halfway through Lent	11 Forgive someone who has hurt you 	12 Take time to be silent and turn your heart to God 	13 Stop and pray in front of your crucifix today 	14 Feel the nails... Stations of the Cross 6:00 pm 	15 Consider offering some time to SVDP or the Soup Kitchen <i>No Meat</i>	16 Tell someone how much you appreciate them 
17 Pray for peace! 	18 Send a card to someone who might need cheering 	19 Thank God for SPRING! 	20 Refrain from complaining and offer the silence to God 	21 Remember He died for you Stations of the Cross 6:00 pm 	22 Go through your clothes and find donations for the poor. <i>No Meat</i>	23 Pray for our youth – the future of our Church 
24 Palm Sunday Give praise to our King! 	25 Take a long walk and look for new signs of life 	26 Pray for those who lead our country and Church 	27 Get up 15 minutes earlier and pray 	28 Holy Thursday Mass 7:00pm Get your feet washed! 	29 Good Friday Service 12:00pm Stations: 1:30pm Shadow Stations: 2:30pm  <i>Fast/No Meat</i>	30 Holy Saturday Vigil Mass Remember your Baptismal Promises 
31 Easter Sunday Mass 9am and 11am	<div> <div>JESUS CHRIST IS RISEN!</div> <div>ALLELUIA!</div> </div>			13 	14 	16 